



# Summer Youth Leadership/Advocacy Training

**Who:** For youth (grades 8-12; ages 13-17) diagnosed with mental illness; and for parents that have a child with mental illness

**What:** Training/workshop to develop leadership and advocacy skills in the System of Care for Mental Illness and in the community

**When:** Friday, June 11<sup>th</sup>- Saturday, June 12<sup>th</sup> 2010

**Where:** Fairmont Hot Springs Resort; Anaconda, MT

***\*\*\*Transportation, food and rooms will be covered for those who attend the training\*\*\****

**Why:** There needs to be a youth voice in the system of care for mental illness. Youth that have been through the SOC are the experts in what treatments and services are effective for recovery. Therefore youth are key to improvement of the SOC. In order to get a youth voice into the SOC, a leadership and advocacy training will help empower youth by giving them the tools and skills to be involved in the SOC.

## **Goals for the Youth:**

- Youth connect to peers around the state
  - o Build support
- Develop leadership skills
- Advocacy in Legislature
  - o Who to speak to, how to speak, how to present oneself or group, how to write, etc...
- Strategically plan how to move the youth voice forward
  - o How are youth going to stay connected? What is their vision, mission, & goals? Come up with a plan of action to carry out when youth leave the training

**RSVP:** If you are interested in attending, or know of someone who would be interested in attending, have them ***contact Kristin Youngmeyer @ [KYoungmeyer@mt.gov](mailto:KYoungmeyer@mt.gov) for an application***



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